

Criteria 2.6.1

Department of Psychology : Course Outcome

Programme Goals : BSc Psychology

- **PO 1: Theory and Content of Psychology** — students should show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- **PO 2: Research Methods in Psychology** — students should understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.
- **PO 3: Critical Thinking Skills in Psychology** — students should respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
- **PO 4: Applications of Psychology** — students should understand and apply psychological principles to personal, social, and organizational issues.
- **PO 5: Values in Psychology** — students should be able to weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline.
- **PO 6: Personal Development** — students should develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.
- **PO 7: Career Planning and Development** — students should emerge from the major with realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits in a variety of settings.

Course Outcomes:

SEMESTER I

PSY1B01 : BASIC THEMES IN PSYCHOLOGY- I

1. To generate interest in Psychology
2. To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life.
3. To understand the basics of various theories in Psychology
4. To provide basic knowledge about systems and processes like attention, learning and Consciousness.

SEMESTER II

PSY2B01 : BASIC THEMES IN PSYCHOLOGY- II

1. To generate interest in Psychology
2. To make familiar the basic concept of the field of Psychology with an emphasis on the applications of Psychology in everyday life
3. To understand the basics of various theories in Psychology
4. To provide basic knowledge about systems and processes like cognition, memory, motivation and emotion.

SEMESTER III

PSY3B01 : PSYCHOLOGICAL MEASUREMENT AND TESTING

1. To offer foundation on psychological measurement and testing
2. To provide the basis of test construction and to build up skills on developing psychometric test
3. To familiarize the uses of psychological tests
4. To make aware of ethical principals in testing

EXPERIMENTAL PSYCHOLOGY PRACTICAL I

1. To nurture the ability in students to understand himself/herself and other persons.
2. To develop the skills of testing and scientific reporting in psychology.
3. To familiarize the students to various psychological tests and assessment tools.
4. To generate an interest in working of the community with a psychological outlook

SEMESTER IV

PSY4B01 : Individual Differences

1. To provide theoretical knowledge about systems and processes like intelligence and personality
2. To understand the history of intelligence and Personality Testing
3. To familiarize the student with various types of tests in Psychology

PSY4B02 : EXPERIMENTAL PSYCHOLOGY PRACTICAL I

1. To nurture the ability in students to understand himself/herself and other persons.
2. To develop the skills of testing and scientific reporting in psychology.
3. To familiarize the students to various psychological tests and assessment tools.
4. To generate an interest in working of the community with a psychological outlook

SEMESTER V

PSY5B01 : ABNORMAL PSYCHOLOGY-I

1. To enable students to understand the concepts of abnormal behavior
2. To develop awareness about different types of anxiety and stress disorders
3. To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders.

PSY5B02 : SOCIAL PSYCHOLOGY

1. Understand and explain behavior in social settings
2. Explain the psychological aspects of various social phenomena
3. To create awareness about the management of human behaviour in group settings

PSY5B03 : DEVELOPMENTAL PSYCHOLOGY –I

- 1 To study human development in Psychological Perspectives
- 2 To create awareness about major Psychological changes along with physical and cognitive Development

PSY5B04 : PSYCHOLOGICAL COUNSELLING

1. To acquire theoretical knowledge in the areas of psychological counseling
2. To understand the applications of counseling in various settings
3. To practice counseling techniques through role plays

PSY5B05 : HEALTH PSYCHOLOGY

1. To understand the psychological, behavioral and cultural factors contributing to physical and mental health health
2. To study the management of different illnesses

EXPERIMENTAL PSYCHOLOGY PRACTICAL II

1. To nurture the ability in students to understand himself/herself and other persons.
2. To develop the skills of testing and scientific reporting in psychology.
3. To familiarize the students to various psychological tests and assessment tools.
4. To generate an interest in working of the community with a psychological outlook

EXPERIMENTAL PSYCHOLOGY PRACTICAL III

1. To nurture the ability in students to understand himself/herself and other persons.

2. To develop the skills of testing and scientific reporting in psychology.
3. To familiarize the students to various psychological tests and assessment tools.
4. To generate an interest in working of the community with a psychological outlook

OPEN COURSE

PSY5D02 : LIFE SKILL APPLICATIONS

1. To promote life skill education
2. To develop abilities for adaptive and positive behavior
3. To enhance self-confidence and self-esteem

SEMESTER VI

PSY6B01 : ABNORMAL PSYCHOLOGY-II

1. To develop awareness about major psychological disorders
2. To acquaint the students with causes of major psychological disorders

PSY6B02 : APPLIED SOCIAL PSYCHOLOGY

1. To familiarize the theoretical concept and research methods in applied psychology.
2. To give knowledge about application of social psychology in different areas like clinical, Educational, health and media.
3. To understand the major social issues in India.

PSY6B03 ; DEVELOPMENTAL PSYCHOLOGY –II

- 1 To study emotional and social development of life span periods.
- 2 To study the vocational development and adjustments in adulthood.
3. To understand the period of late adulthood

PSY6B04 : LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING.

1. To promote life skill education
2. To develop abilities for adaptive and positive behavior
3. To enhance self-confidence and self-esteem

PSY6B05-01 ORGANISATIONAL BEHAVIOUR

- 1 To familiarize the concept of human Behaviour in Organizations
- 2 To give knowledge about work-motivation, group, leadership and organizational culture

PSY6B06 : EXPERIMENTAL PSYCHOLOGY PRACTICAL II

1. To nurture the ability in students to understand himself/herself and other persons.
2. To develop the skills of testing and scientific reporting in psychology.
3. To familiarize the students to various psychological tests and assessment tools.
4. To generate an interest in working of the community with a psychological outlook

PSY6B08 : PROJECT

1. To enhance research interest in psychology
2. To generate scientific investigation of various branches of psychology

Overall Outcome

The most obvious reason to study psychology is the subject-specific knowledge and the insight into the mind, brain and human behaviour. This knowledge will help you to develop a detailed understanding of several specialised areas/or applications of psychology, discovering the scientific and theoretical underpinnings of the discipline, and will also help to recognise the variability and diversity of psychological functioning and its significance. Earning a degree in psychology is an excellent way to gain a greater understanding of people. In addition to satisfying your own interest in human nature, having a solid understanding of what makes people do certain things can be a very marketable skill in a wide variety of job settings

A psychology degree not only offers students the opportunity for personal growth, it also opens up a huge range and variety of career opportunities. Psychology is certainly not a one-size-fits-all career choice. In fact, one of the greatest strengths of a psychology degree is the enormous variety of career paths that are available to graduates. Students can tailor their education and degree to focus on speciality areas that appeal to their interests.
