

WOMEN'S CLUB 2017-18

Women's Cell organised various training session / workshops on "Handling Emotions" , "Stress Management" , "Life Skill Development", "Meditation" and "Health and Happiness" by expert trainers.



Women's Cell Organised a Self Defence Class by Mr Jose Antony, Self Defence Instructor.



Women's Cell organized intercollegiate digital poster making competition on the topic "Zero Hunger" for World Food Day on 16th October 2017. Women's cell organized "Cake Baking and





Women's Cell members distributed pamphlets and was a part of Women's Day Campaign & Free Health Check up and the Public Meeting on Women Empowerment organised by ATMA foundation on International Women's Day on 8th March 2018, 3-6pm @North Bus Stand Thrissur.

